

ALLERGY FREE MENU AUTUMN/WINTER 2025 – Hale Primary School

	Main	Accompaniments	Changes		Desserts	Changes	Recipe checked for allergies
Week 1 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1519 Handcut Wedges RJDNW1602a Pea & Sweetcorn Medley			RAFJDNW2336 AF Iced Shortcake		
Week 1 Day 2	RAFJDNW0810 AF All Day Breakfast				RAFJDNW2109 AF Raspberry Jelly		
Week 1 Day 3	RAFJDNW1358 AF Roast Chicken	RAFJDNW1541a AF Roast Potatoes RJDNW1612a Carrot & Cauliflower RJDNW2807 Gravy			RAFJDNW2304 AF Shortbread		
Week 1 Day 4	RAFJDNW0119 AF Pasta Bolognaise	RJDNW1604 Carrot & Broccoli			RAFJDNW2111 AF Orange Jelly & Mandarins		
Week 1 Day 5	RAFJDNW0401 AF Chicken Goujons	RJDNW1563 Skinny Fries RJDNW1603a Peas & Carrots RJDNW2811 Ketchup			RAFJDNW2304f AF Chocolate Cookie		
Week 2 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1519 Wedges RJDNW1602a Peas & Sweetcorn			RAFJDNW2304h AF Chocolate Shortbread		
Week 2 Day 2	RAFJDNW0440 Italian Chicken Loaded Wedges	RJDNW1605 Baby Corn			RAFJDNW2305 AF Golden Crispy		
Week 2 Day 3	RAFJDNW1359 AF Roast Beef	RAFJDNW1541a AF Roast Potatoes RJDNW1612 Carrots RJDNW2807 Gravy			RAFJDNW2109 AF Raspberry Jelly		
Week 2 Day 4	RAFJDNW1358 AF Roast Chicken	RAFJDNW1508 AF Creamed Potato RJDNW1627a Green Beans & carrot RJDNW2807 Gravy			RJDNW2703 Strawberry Fruit Smoothie		
Week 2 Day 5	RAFJDNW0401 AF Chicken Goujons	RJDNW1563 Skinny Fries RJDNW1603a Peas & Carrots			RAFJDNW2336t AF Lemon Shortcake		
Week 3 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1519 Wedges RJDNW1602a Peas & Sweetcorn			RAFJDNW2304h AF Chocolate Shortbread		
Week 3 Day 2	RAFJDNW0440 AF Italian Chicken Loaded Wedges	RJDNW1603a Carrots & Peas			RAFJDNW2144 AF Apple Crumble		
Week 3 Day 3	RAFJDNW0805 AF Sliced Ham	RAFJDNW1541a AF roast potatoes Rjdwn1612a Carr & Cauliflower RJDNW2807 Gravy			RAFJDNW2305 AF Golden Crispie Cake		
Week 3 Day 4	RAFJDNW1324 AF Roast Vegetable Tagine	RJDNW1506 Rice			RAFJDNW2155 AF Sticky Toffee Pudding		
Week 3 Day 5	RAFJDNW0401 AF Chicken Goujons	RJDNW1563 Skinny Fries RJDNW1603a Peas & Carrots RJDNW2811 Ketchup			RAFJDNW2336t AF Lemon Shortcake		