## Food For Children CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.


ALL pupils in reception, years $1 \& 2$ are eligible to a free school meal, but your older children could be entitled too.

If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact Student Services Team

## Tel: 01515117188

Halton Direct Link in Runcorn/Widnes Visit: www.halton.gov.uk/schoolmeals

## Please Note:

Occasionally for reasons beyond our control we may have to alter the menu
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|  |  | Week 1 | Week 2 | Week 3 |
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| $\begin{aligned} & \text { oे } \\ & 0 . \\ & 0 . \\ & 0 \\ & \hline \end{aligned}$ | Main | Chicken Korma Curry <br> served with naan bread \& $50 / 50$ boiled rice Tomato \& Basil Pasta Bake served with Garlic Bread | Our Butcher's Homemade Beef Burger in a Bun served with Jacket Wedges Homemade Cheese \& Rice Flan served with Jacket Wedges | Oven Baked Chicken Chunks served with Jacket Wedges Tomato Pasta Bake served with Garlic Bread |
|  | Side | Vegetable Medley, Salad Bar | Vegetable Medley, Salad Bar | Spaghetti Hoops, Salad Bar |
|  | Dessert | Lemon Drizzle Cake, Fresh Fruit, Yoghurt | Vanilla Sponge with fairy drizzle icing, Cheese \& Crackers, Fresh Fruit | Franks Welsh ice cream, cheese \& Crackers, or Fresh Fruit |
| $\begin{aligned} & \text { oे } \\ & \stackrel{0}{0} \\ & \stackrel{1}{1} \end{aligned}$ | Main | Homemade Hot Pot served with beetroot \& crusty bread Vegetable Nuggets served with mini potato waffles | Sweet and Sour Chicken served with $50 / 50$ boiled rice or soff noodles Quorn Mince Cottage Pie | Spaghetti Bolognaise <br> served with cheesy garlic pizza bread Selection of Deli Sandwiches \& Wraps served with a pasta salad |
|  | Side | Peas, Sweetcorn, Salad Bar | Stir Fry Vegetables, Garden Peas, Salad Bar | Vegetable Medley, Salad Bar |
|  | Dessert | Fruit Cocktail, Ice Cream Roll, Yoghurt | Cornflake Tart with Custard, Yoghurt, Fresh Fruit | Gooey Chocolate Sponge served with Custard, Yoghurt, Fresh Fruit |
| $\begin{aligned} & \text { 8. } \\ & 0 \\ & 0 \\ & 0 \\ & \hline \\ & \hline \\ & 3 \end{aligned}$ | Main | Traditional Turkey Roast Dinner served with Roast/Mash Potatoes \& Gravy Roast Vegetarian Meatball Dinner | Traditional Gammon Roast Dinner served with Roast/Mash Potatoes \& Gravy Quorn Sausage Dinner | Traditional Chicken Fillet Roast Dinner served with Roast/Mash Potatoes \& Gravy Quorn Sausage Dinner |
|  | Side | Carrots, Broccoli, Salad Bar | Carrots, Broccoli, Salad Bar | Carrots, Broccoli, Salad Bar |
|  | Dessert | Melting Moment with a wedge of Fruit, Yoghurt, Fresh Fruit | Ginger Biscuit with a wedge of Fruit, Yoghurt, Fresh Fruit | Baked Rice Pudding with Raisins/Jam, Yoghurt, Fresh Fruit |
| $\begin{aligned} & \text { B } \\ & \text { o } \\ & \text { y } \\ & 5 \\ & \text { I } \end{aligned}$ | Main | Brunch <br> Sausage, Hash Browns, Omelette Quorn Sausage Brunch | Selection of Deli Sandwiches \& Wraps served with pasta salad Creamy Tomato Pasta Bake served with garlic doughballs | Pork \& Carrot Meatballs served with herby potatoes -Cheese \& Rice Flan served with herby potatoes |
|  | Side | Baked Beans, Salad Bar | Green Beans, Salad Bar | Baked Beans, Salad Bar |
|  | Dessert | Frank's Welsh Ice Cream tub, Fresh Fruit, Cheese \& Crackers | Jelly \& Ice Cream, Cheese \& Crackers, Fresh Fruit | Apple Flapiack, Crackers \& Cheese, Fresh Fruit |
| $\begin{aligned} & \text { 흔 } \\ & \text { \% } \end{aligned}$ | Main | Fillet Fish Fingers served with chips Margherita Pizza served with chips | Harry Ramsden Junior Fish in Batter served with chips Margherita Pizza served with chips | Big Tasty Fishcake or Salmon Fillet served with chips Margherita Pizza served with chips |
|  | Side | Garden Peas, Salad Bar | Mushy Peas, Salad Bar | Garden Peas, Salad Bar |
|  | Dessert | Homemade Chocolate Muffin with Orange wedge, Yoghurt | Chocolate Crunch with Orange wedge, Yoghurt, Fresh Fruit | Kracholate with Orange wedge, Yoghurt, Fresh Fruit |
| Meat free: |  | Served Daily: Filled Jacket Potatoes with a d | us fillings Salad Bar -includes 5 items Asso | ds Drinks: Chilled Milk, Milkshake and Water |

Served Daily: Filled Jacket Potatoes with a daily choice of various fillings
Salad Bar - includes 5 items
Assorted Breads
Drinks: Chilled Milk, Milkshake and Water

| SEPTEMBER |  |  |  |  |  |  | OCTOBER |  |  |  |  |  |  | NOVEMber |  |  |  |  |  |  | december |  |  |  |  |  |  | JANUARY |  |  |  |  |  |  | FEBRUARY |  |  |  |  |  |  | MARCH |  |  |  |  |  |  | APRIL |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | T | W | T | F | S | S | M | T | w | T | F | 5 | S | M | $T$ | W | T | F | S | S | M | T | W | T | F | S | S | M | $T$ | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T |  | F | s |  |
|  |  | 1 | 2 | 3 | 4 | 5 |  |  |  |  | 1 | 2 | 3 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |  |  | 1 | 2 | 3 | 4 | 5 |  |  |  |  |  | 1 | 2 |  | 1 | 2 | ${ }^{3}$ | 4 | 5 | 6 |  | 1 | 2 | 3 | 4 | 5 | 6 |  |  |  |  |  | 1 | 2 |  |
| 6 | 7 | ${ }^{8}$ | 9 | 10 | 11 | 12 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 6 | 7 | ${ }^{8}$ | 9 | 10 | 1 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | - | 9 | 10 | 11 | 12 | 13 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 |  | 8 | 9 |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 |  | 15 | 16 |  |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | ${ }^{23}$ | 24 | 25 | 26 | 27 | 28 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | ${ }^{21}$ | 22 | ${ }^{23}$ | ${ }^{21}$ | 22 | ${ }^{23}$ | 24 | 25 | 26 | 27 | ${ }^{21}$ | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 2 |  | 22 | 23 |  |
|  | 28 | 29 | 30 |  |  |  | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  | 30 |  |  |  |  |  | 27 | 28 | 29 | 30 | 31 |  |  | 24 | 25 | 26 | 27 | 28 | 29 | 30 | ${ }^{28}$ |  |  |  |  |  |  | 28 | 29 | 30 | 31 |  |  |  | 25 | 26 | 27 | 2 |  | 29 | 30 |  |

