




HALE CE PRIMARY WEEK 1

Freshly
made
every day!

DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Mac and Cheese served with Garlic Flatbread and Sweetcorn	Cheese and Tomato Pizza served with Half a Jacket Potato and Sweetcorn	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Flapjack or Low-Fat Yoghurt or Fruit Salad
Tuesday	Mild Chicken Curry served with Rice, ½ Garlic Naan Bread and Mixed Peppers	Cheese Flan served with Jacket Wedges and Mixed Pepper Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot & Cucumber Sticks	Banana Cake or Frozen Yoghurt or Fruit Salad
Wednesday	Roast Chicken fillet served with Creamed Potatoes, Carrot & Pea Medley and Gravy	Vegetable Sausages served with Creamed Potatoes, Carrot & Pea Medley and Gravy	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Jam Sponge & Custard or Frozen Yoghurt or Fresh Fruit Salad
Thursday	Chicken and Veg Casserole served with New Potatoes	Tomato and Lentil Soup served with Half a Sandwich filled with Cheese or Tuna served with Carrot sticks	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Vanilla and Berry Cookie or Low-Fat Yoghurt or Fruit Salad
Friday	Breaded Fish Fillet served with Chips and Garden Peas	Kitchen Made Veggie Burger in a Bun served with Chips and Garden Peas	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Marble Cake and Chocolate Sauce or Frozen Yoghurt or Fruit salad

Available Daily: Fresh Fruit and Salad Bar

If you have any questions about food allergens, please speak to the kitchen team who will be happy to help.



HALE CE PRIMARY WEEK 2



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
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Monday

Margherita Pizza
served with Sweetcorn, Carrot and Cucumber Sticks

Roasted Vegetable and Basil Pasta
served with Sweetcorn, Carrot and Cucumber Sticks

Assorted Sandwiches
filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Shortbread
or
Low-Fat Yoghurt or Fresh Fruit Salad

Tuesday

Pork Sausages
served with Creamed Potatoes and Baked Beans

Cheese and Bean Pasty
served with Creamed Potatoes and Baked Beans

Oven Baked Jacket Potato
filled with Tuna, Cheese or Beans served with Mixed Salad

Fresh Fruit Salad
or
Chocolate Crunch or Frozen Yoghurt

Wednesday

Roast Chicken Breast
served with Creamed Potatoes, Yorkshire Pudding, Carrot & Green Bean Medley and Gravy

Vegetable Sausage in Yorkshire Pudding
served with Creamed Potatoes, Carrot & Green Bean Medley and Gravy

Assorted Sandwiches
filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Iced Orange Drizzle Cake
or
Low-Fat Yoghurt or Fresh Fruit Salad

Thursday

Meat and Potato Pie
served with Garden Peas, Sweetcorn and Crusty Bread

Vegetable Korma
served with Peas, Sweetcorn and Rice

Oven Baked Jacket Potato
filled with Tuna, Cheese or Beans served with Mixed Salad

Fresh Fruit Salad
or
Oaty Cookie or Frozen Yoghurt

Friday

Fish Fingers
served with Chips and Peas

Crustless Vegetable Quiche
served with Chips and Peas

Assorted Sandwiches
filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Golden Syrup Sponge and Custard
or
Frozen Yoghurt or Fresh Fruit Salad



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HALE CE PRIMARY WEEK 3

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DAY

CHOICE 1

CHOICE 2

CHOICE 3

PUDDING

Monday

Cheesy Pizza

served with Filled Cheesy Potato Skins and Mixed Salad

Sweet Tomato Pasta Bake

served with Garlic Flatbread and Mixed Salad

Assorted Sandwiches

filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Fresh Fruit Salad

or
Custard Cookie or Frozen Yoghurt

Tuesday

Creamy Chicken Pie

served with Baby Potatoes and Carrots

Vegetable Chilli Nachos

served with Savoury Rice and Mixed Salad

Oven Baked Jacket Potato

filled with Tuna, Cheese or Beans served with Mixed Salad

Chocolate Brownie

or
Frozen Yoghurt or Fresh Fruit Salad

Wednesday

Cottage Pie

served with Cauliflower and Gravy

Cheese Whirl

served with Jacket Wedges and Sweetcorn

Assorted Sandwiches

filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Sticky Toffee Muffin

or
Low-Fat Yoghurt or Fresh Fruit Salad

Thursday

Beef Spaghetti Bolognese

served with Sweetcorn and Mixed Pepper Salad

Veggie Bolognese

served with Spaghetti, Grated Cheddar and Peas

Oven Baked Jacket Potato

filled with Tuna, Cheese or Beans served with Mixed Salad

Fresh Fruit Salad

or
Cherry Shortbread or Frozen Yoghurt

Friday

Salmon Goujons

served with Chips, Garden Peas and Tomato Ketchup

Margherita Pizza Baguette

served with Chips, Garden Peas and Tomato Ketchup

Assorted Sandwiches

filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks

Jam & Coconut Sponge

or
Low-Fat Yoghurt or Fresh Fruit Salad

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